

# Download Team Of Life Narrative Therapy

## **Team of life : giving young people a sporting chance**

The Team of Life Approach. The Team of Life approach uses sporting metaphors to enable young people to deal with traumatic experience without having to speak directly about it. It is an example of a collective narrative practice methodology, developed by David Denborough from Dulwich Centre Foundation.

## **Part I: Creating a Team of Life**

Creating a Team of Life Sitting around a table, with a large sheet of paper and coloured pens in the middle, the young people, peer mentors and narrative practitioner gathered to create a collective Team of Life.

## **The Narrative Therapy Library**

The Team of Life narrative approach uses sporting metaphors to enable young people to deal with traumatic experience without having to speak directly about it. Young people are invited to consider who are the members of their 'Team of Life': Who make up some of the team members of your life? These people can be alive or no longer living.

## **Team of Life: Narrative therapy intervention | Innovation ...**

Team of Life, a narrative therapy intervention, can be used as part of prevention, early intervention or recovery work within education, community and health settings with sessions delivered by practitioners in any group space.

## **The Team of Life: A narrative approach to building ...**

The Team of Life is a narrative group methodology with sporting metaphors, which encourages young people to recognise the strength and resilience in their life teams.

## **The team of life – narrative and community work by our ...**

The team of life – narrative and community work by our refugee team. This is often compounded by the journey and asylum process. Narrative approaches connect young people back to a richer sense of self, of identity, and to the values, stories and people they hold dear which are embodied in a deep sense of their country of origin, family, culture and religion.

## **The Team of Life with young men from refugee backgrounds**

The Team of Life with young men from refugee backgrounds THE INTERNATIONAL JOURNAL OF NARRATIVE THERAPY AND COMMUNITY WORK 2012 No. 2 [www.dulwichcentre.com.au](http://www.dulwichcentre.com.au) 44

## **Team of Life Narrative Approach Public Group | Facebook**

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group is a space for people to share how they have...